



GUJARAT TECHNOLOGICAL UNIVERSITY

(Established by Government of Gujarat under Gujarat Act No. : 20 of 2007)

(Accredited with A+ Grade by NAAC)

ગુજરાત ટેકનોલોજીકલ યુનિવર્સિટી

(ગુજરાત સરકારના ગુજરાત અધિનિયમ ક્રમાંક : ૨૦/૨૦૦૭ દ્વારા સ્થાપિત)

વંચાણે લીધા: ૧) કમિશનરશ્રી, ટેકનીકલ શિક્ષણની કચેરી, ગુજરાત રાજ્યનો પત્ર ક્રમાંક: DTE/O308/O6/2026

તા. ૧૬/૦૬/૨૦૨૬

૨) અત્રેના વિભાગની તા.૧૭/૦૬/૨૦૨૬ ના રોજની નોંધ પર મળેલ મંજૂરી.

આંતરરાષ્ટ્રીય યોગ દિવસ-૨૦૨૬ની ઉજવણી નિમિત્તે
સંગમ પોર્ટલ પર નોંધણી તથા કાર્યક્રમના આયોજન અંગે

❖ પરિપત્ર ❖

આંતરરાષ્ટ્રીય યોગ દિવસ-૨૦૨૬ની ઉજવણી નિમિત્તે જી.ટી.યુ. સંલગ્ન તમામ સંસ્થાઓએ યોગ સંગમ પોર્ટલ <https://yoga.avush.gov.in/yoga-sangam> પર પોતાની સંસ્થાની નોંધણી કરવવાની રહેશે તેમજ તા. ૨૧ જુન, ૨૦૨૬ના રોજ સવારે ૦૬:૩૦ વાગ્યાથી માનનીય વડાપ્રધાનશ્રીના નેતૃત્વમાં યોજાનારી "યોગ સંગમ" પ્રવૃત્તિઓ સાથે પોતાના કાર્યક્રમોનું સમન્વયન કરી વિદ્યાર્થીઓ, ફેકલ્ટી સભ્યો, સ્ટાફ, NCC/NSS સ્વયંસેવકો તથા સ્થાનિક સમુદાયની ભાગીદારી સુનિશ્ચિત કરવાની રહેશે.

કાર્યક્રમ પૂર્ણ થયા બાદ તેની વિગતો યોગ સંગમ પોર્ટલ પર અપલોડ કરવાની રહેશે. વધુમાં, ટેકનીકલ શિક્ષણ કચેરીની સુચના અનુસાર IDY તથા ૩૬૫ ના લોગો દર્શાવી આંતરરાષ્ટ્રીય યોગ દિવસ સંબંધિત કાર્યક્રમોની માહિતી સોશિયલ મીડિયા પ્લેટફોર્મ પર ટેગ કરી પ્રસારિત કરવાની રહેશે.

કોઈપણ પ્રશ્ન અથવા સ્પષ્ટતા માટે ડૉ. પ્રદ્યુમ્ન સિંહ શેખાવત, નાયબ સલાહકાર (યોગ) તથા નોડલ અધિકારીનો મોબાઈલ નંબર ૯૮૨૮૬૭૨૨૧૧ અથવા ઈ-મેઈલ આઈડી psingh.yoga@gov.in પર સંપર્ક કરી શકાશે.

તદુપરાંત, કાર્યક્રમની સ્થિતિ/પ્રગતિનો અહેવાલ નિયમિતપણે નીચે દર્શાવેલ ગુગલ ફોર્મમાં અપડેટ કરવા વિનંતી કરવામાં આવે છે.

<https://docs.google.com/spreadsheets/d/1RHM-zXal29rXtZGYPQD1WGUiVil-zqWTqhVRI-gk7c/edit?usp=sharing>

યોગ દિવસ અંતર્ગત યોગ સંગમ કાર્યક્રમની ઉજવણીની માહિતી મોકલવા માટેની લીંક:

<https://forms.gle/dzNVhq8rsrqgW1UEA>

વધુ માહિતી માટે ૦૭૯-૨૩૨૬૭૬૩૨/૫૨૪ પર સંપર્ક કરશો.

કુલસચિવ

17/6/26

તા. ૨૭/૦૬/૨૦૨૬

જા.નં. જીટીયુ/સ્પોર્ટ્સ/ ૪૫૫૨/૨૦૨૬

પ્રતિ,

૧) આચાર્યશ્રી, GTU-ITR, મહેસાણા.

૨) આચાર્યશ્રી, જીટીયુ તમામ સંલગ્ન કોલેજો.

નકલ સવિનય રવાના:

૧) કુલસચિવશ્રીના અંગત સચિવશ્રી, જીટીયુ, અમદાવાદ.

૨) વિભાગીય વડા, IT, સદર પરિપત્ર યુનિવર્સિટી વેબસાઈટ પર પ્રસિદ્ધ કરવા સારું.

૩) પરિપત્ર ફાઈલ/સિલેક્ટ ફાઈલ.

5 - Star Rating in GSIRF
(Gujarat State Institutional Rating Framework) - 2024



In Top 50 universities under the 'Innovation' category
and Top 100 under 'State Public University' category for 2025



Re-accredited as a Green University in
Platinum Ranking till 2027 by Green Mentors



Computer Engineering (Cyber Security) Course
under 'Tier-1' category has been accredited by



Head Office : GTU Campus, Nr. Visat Three Road, Visat-Gandhinagar Road, Chandkheda, Ahmedabad-382424. Gujarat, India.

Ph : +91 079-23267521/570

e-mail : info@gtu.ac.in

Website : www.gtu.ac.in



કમિશનરશ્રી, ટેકનિકલ શિક્ષણની કચેરી, ગુજરાત રાજ્ય

છાત્રા માળે, બ્લોક નં. ૨, કર્મચોગી ભવન, સેક્ટર ૧૦-એ, ગાંધીનગર-૩૮૨૦૧૦
(: (079) 23253546 URL : <https://dte.gujarat.gov.in> | e-mail : dire-dte@gujarat.gov.in, dteguj@gujarat.gov.in

ડીટીઈ/એકે./ક(જ)/e-file -૦૮૩૭/૨૦૨૬/

તા:

વંચાણે લીધેલ :-

૧) શિક્ષણવિભાગનો તા.૧૫/૦૬/૨૦૨૬ નો ઇ-મેઈલ.

વિષયમાંતરરાષ્ટ્રીય યોગ દિવસ (IDY) ૨૦૨૬ અને 'યોગ સંગમ' કાર્યક્રમ અંતર્ગત

પ્રવૃત્તિઓ કરવા અને તેની માહિતી અપલોડ કરવા બાબત.

પરિપત્ર

ઉપરોક્ત શિક્ષણવિભાગનાં વંચાણે લીધેલ -૦૧ ના ઇ-મેઈલ અન્વયે આગામી ૧ જૂન ૨૦૨૬ ના રોજ આંતરરાષ્ટ્રીય યોગ દિવસ (IDY) ૨૦૨૬ ની ઉજવણીના ભાગરૂપે 'યોગ સંગમ' કાર્યક્રમનું ભવ્ય આયોજન કરવામાં આવ્યું છે. આ દિવસે સવારે ૦૬:૩૦ કલાકે માનનીય વડાપ્રધાનશ્રી કોલકાતા (પશ્ચિમ બંગાળ) ખાતેથી રાષ્ટ્રને સંબોધિત કરશે. ત્યારબાદ સત્તાવાર બ્રોડકાસ્ટર અને સોશિયલ મીડિયા પ્લેટફોર્મ્સ પર પ્રસારિત થનારા 'કોમન યોગ પ્રોટોકોલ' (CYP) મુજબ સામૂહિક યોગાભ્યાસ કરવાનો રહેશે. તેમજ આ સાથે સામેલ ઇ-મેઈલમાં જણાવ્યા અનુસારની કાર્યવાહી કરવાની રહેશે.

e-sign

સંયુક્ત ટેકનીકલ શિક્ષણ નિયામક

બિડાણ:- ઉપર મુજબ

નકલ રવાના:

૧) રજીસ્ટ્રારશ્રી, જી.ટી.યુ.તરફ જાણ તેમજ જરૂરી કાર્યવાહી સારૂ.

૧) આચાર્યશ્રી, અત્રેની કચેરીની તાંબાં હેઠળની તમામ સંસ્થાઓ તરફ જાણ તેમજ જરૂરી કાર્યવાહી સારૂ.

Signature Not Verified

Signed by : VIMAL VITHALBHAI
PRAJAPATI
Joint Director
Directorate of Technical
Education
Date : 2026.06.16 18:05:39 IST



File No: DTE/PUR/e-file/107/2026/0937/Section K

Approved By: Commissioner, ADMIN, CHE

Open the document in Adobe Acrobat DC to verify the E-sign



डॉ. विनीत जोशी, भा.प्र.से.

सचिव

Dr. VINEET JOSHI, IAS
Secretary

Tel.: 011-24015070, 24015071

E-mail : secy.dhe@nic.in



भारत सरकार

Government of India

शिक्षा मंत्रालय

Ministry of Education

उच्चतर शिक्षा विभाग

Department of Higher Education

21072, कर्तव्य भवन-2, नई दिल्ली-110001

21072, Kartavya Bhavan-2, New Delhi- 110001

DO No.29-2/2025-S&S

Date:12.06.2026

Dear Ma'am/Sir,

Please refer to my D.O. letter of even number dated 12.5.2026 and 5.6.2026 (copies enclosed) regarding activities to be undertaken by HEIs as countdown to the International Day of Yoga (IDY) 2026, participation in Online Yoga Session on 14.6.2026 as part of Guinness World Record Attempt and Yoga Sangam Event on 21.6.2026.

2. The theme for IDY 2026 is “**Yoga for Healthy Ageing**”, reflecting the growing relevance of Yoga in supporting healthy longevity, active lifestyles and improved quality of life across all age groups.

3. Hon'ble Prime Minister of India shall lead the Yoga Sangam Event from **Kolkata, West Bengal**, by addressing the nation at **6.30 a.m. on 21.6.2026** followed by Common Yoga Protocol (CYP) which shall be telecast by the official broadcaster and other social media platforms. Building up on the momentum generated as part of countdown activities to IDY 2026, it is requested that arrangements may be made for viewing the address of Hon'ble PM at 6.30 a.m. and for synchronized participation in CYP thereafter.

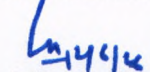
4. In this regard, it is requested to instruct the HEIs under you to register their institution on the Yoga Sangam Portal at - <https://yoga.ayush.gov.in/yoga-sangam> and synchronize the events with **Yoga Sangam activities led by Hon'ble PM from 6.30 a.m. on 21st June 2026** and to ensure mass participation by students, faculty, staff, NCC/NSS volunteers, alumni and the local community. Post event, the details may be uploaded on the portal and Ministry of Ayush may be tagged in IDY-related events by displaying IDY and Yoga 365 Logo on social media platforms.

5. In case of any query/clarification, Dr. Pradyumna Singh Shekhawat, Dy. Advisor (Yoga), Nodal Officer may be contacted on mobile number 9828672211 and email ID psingh.yoga@gov.in . The status may be updated regularly in the google form https://docs.google.com/spreadsheets/d/1RHM-zXal29rXtZGYPO_D1WGUiViL-zqWTqhVRi-gk7c/edit?usp=sharing and by mail at syed.rizwi@gov.in and asim.khan1796@nic.in .

6. I shall be grateful for your personal attention and support in ensuring wide publicity, mass mobilization and enthusiastic participation for making Yoga Sangam Event on 21.6.2026 a grand success and for promoting health and wellness.

With regards,

Yours Sincerely,


(Dr. Vineet Joshi)

Secretary, Higher Education
All States / UTs

डॉ. विनीत जोशी, भा.प्र.से.

सचिव

Dr. VINEET JOSHI, IAS

Secretary

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भारत सरकार

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21072, Kartavya Bhavan-2, New Delhi- 110001

D.O. No. 29-2/2025-S&S

Date: 12th May, 2026

Dear Ma'am/Sir,

As you may be aware, inspired by the vision of Hon'ble Prime Minister, the United Nations declared observance of June 21st as the International Day of Yoga (IDY) and since 2015, the same has been observed on June 21st of every year. The 12th edition of IDY falls on 21.06.2026 and over the past eleven years, IDY has witnessed remarkable success in promoting health and wellness worldwide.

2. The signature activities earmarked for Department of Higher Education and its autonomous bodies as count-down to IDY 2026 are as under :-

(I) Promoting Yoga awareness and IDY participation –

- i. Through Yoga clubs in HEIs
- ii. Organising Yoga competition, quizzes, video campaigns, workshops/seminars for students / employee on Yoga and encourage participation in similar IDY activities organized on MyGov platform.
- iii. Encouraging student volunteering in IDY activities, including CYP training, NCC and NSS
- iv. To identify a brand Ambassador to promote Yoga in HEIs.
- v. Participation and sharing Yoga activities on social media, building a vibrant online community.

(II) Publishing Yoga and IDY-specific articles in official e-newsletter, bulletin, magazine etc. to scientifically assess the impact of Yoga practices.

(III) Making use of the Digital Assets developed by Ministry of Ayush :

- a) **Namaste Yoga App** - This App is a one stop health solution that enables people to access yoga related information, yoga events and Yoga classes at their fingertips. The app also provides information on one's physical activity in terms step count and calories burnt.

The link for the app is :-

https://play.google.com/store/apps/details?id=yogatracker.np.com.yogatracker&hl=en_IN

- b) **Y Break App** – Y break is a 5-minute recharge for office goers to promote Yoga practise amongst working population to de-stress, refresh and re-focus at their workplace to increase their productivity, and it consists of Asanas, Pranayama and Dhyana.

The link for the app is:-

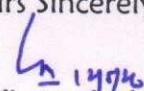
https://play.google.com/store/apps/details?id=ybreak.ayush.gov.in&hl=en_IN

- c) **Common Yoga Protocol (CYP)** is a structured 45 minutes yoga routine that consists of carefully chosen asanas making it an ideal introduction for beginners while ensuring accessibility for people of all ages and background. Beyond promoting physical health, CYP also raises awareness about the benefits of Yoga amongst the general public. The handbook of CYP and its video may be accessed at <https://yoga.ayush.gov.in/api/api/stream?key=uploads/assets/cyp/Common%20Yoga%20Protocol%20Book-English.pdf> and <https://yoga.ayush.gov.in/CYP/indian-languages> respectively.
- d) **14 days structured Yoga practice** through live session on official YouTube channel of Ministry of Ayush is conducted on daily basis by experts from Morarji Desai National Institute of Yoga and Habuild Health Tech Private Ltd. The session will culminate on 27th May, 2026 and is expected to create a world record. The registration for the same can be done through the toll-free number 1800-315-7008 and the link for the live yoga session is <https://moa.habit.yoga?ref=moMoE>. Participants will receive free "Yoga Mitra" a Yoga volunteer certificate issued by the Yoga Certification Board, Ministry of Ayush, upon successful registration and completion of course.

3. It is requested to maximize outreach activities involving students, faculties and staff around the above signature events as count-down activities to IDY 2026 in HEIs. The status may be updated regularly in the google form https://docs.google.com/spreadsheets/d/1RHM-zXal29rXtZGYPO_D1WGUiVil-zqWTqhVRi-gk7c/edit?usp=sharing and by mail at syed.rizwi@gov.in and asim.khan1796@nic.in.

With regards,

Encl: As above

Yours Sincerely,

(Dr. Vineet Joshi)

VCs, Directors and Heads of all CFHEIs / Abs

Copy to :-

All Bureau Heads for necessary action.

डॉ. विनीत जोशी, भा.प्र.से.
सचिव

Dr. VINEET JOSHI, IAS
Secretary

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भारत सरकार
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Ministry of Education
उच्चतर शिक्षा विभाग

Department of Higher Education

21072, कर्तव्य भवन-2, नई दिल्ली-110001
21072, Kartavya Bhavan-2, New Delhi- 110001

Dated the 05th June, 2026

DO No.29-2/2025-S&S

Dear Ma'am/Sir,

Please refer to my D.O. letter of even number dated 12.5.2026 regarding activities to be undertaken by HEIs as countdown to the **International Day of Yoga (IDY) 2026**, being observed on 21st June, 2026.

2. It is expected that promotion of yoga awareness through yoga clubs and various events like quizzes, competition, seminars, workshops, student volunteering, CYP training may have been taken in the right earnest and with wider participation of students, faculties and other staff alongwith community outreach.

i. **Participation in Online Yoga Session on 14.6.2026 as part of Guinness World Record Attempt** - The participants (students, faculties, other staff etc.) may be encouraged to register for this session scheduled to be held on **14th June 2026 from 6:15 AM to 7:35 AM** through the toll-free number **1800-315-7008** and ensure that the participants join the online session individually through their respective devices, as each device login shall be counted towards the official record.

ii. **Yoga Sangam Event on 21.6.2026** - Yoga Sangam event shall be held on 21.6.2026 simultaneously with the Hon'ble Prime Minister's flagship IDY event. It is requested to register your institution on the Yoga Sangam Portal at - <https://yoga.ayush.gov.in/yoga-sangam> and **organize Yoga Sangam activities on 21st June 2026** involving students, faculty, staff, NCC/NSS volunteers, alumni and the local community. Post event, the details may be uploaded on the portal.

3. I shall be grateful for your personal attention and support in ensuring the wide publicity, mass mobilization and enthusiastic participation in the Guinness World Record attempt on 14.6.2026 and Yoga Sangam activities on 21.6.2026 as part of the International Day of Yoga 2026 celebrations.

With regards,

Yours Sincerely,

(Dr. Vineet Joshi)

To
VCs, Directors and Heads of all CFHEIs / ABs